

PREVENT Opioid Addiction BEFORE It Starts – Refer to a Chiropractor First!

The CDC reports opioid overdose deaths have quadrupled since 1999 and now 115 Americans die from opioid overdoses every day.



OVERALL, AMERICANS CONSUME
UP TO 80% OF THE WORLD'S
PRESCRIPTION OPIOIDS.

Source: Centers for Disease Control and Prevention

Referring patients with musculoskeletal pain to a chiropractor first can reduce the use of opioids and the need for surgery, while keeping YOU safe from being added to the High Prescribers List. In fact:

- The American College of Physicians published guidelines with recommendations on noninvasive management for low back pain. Its first recommendation states, "... clinicians and patients should select non-pharmacological treatment with superficial heat, massage, or acupuncture or **spinal manipulative therapy.**" (Qaseem et. al. (2017) Annals of Internal Medicine)
- In 2015, The Joint Commission issued new standards that nonpharmacologic strategies, including **chiropractic therapy**, should be considered for pain management, as well as pharmacologic strategies.
- A 2013 study found that **patients who saw a chiropractor for back injuries were only 1.5% likely to have surgery**, while patients who saw a surgeon were 42.7% likely to have surgery. (Keeney et. al. (2013) Spine Journal)
- Another 2013 study concluded that **chiropractic manipulative therapy in conjunction with standard medical care offers a significant advantage for decreasing pain and improving physical functioning** when compared to standard care alone for men and women between 18-35 with acute low back pain. (Goertz et. al. (2013) Spine Journal)



Members of the Georgia Chiropractic Association adhere to a strict code of ethics and are committed to working to solve the opioid crisis by providing safe, effective and drugless pain relief for patients with musculoskeletal pain.



EACH DAY:

3,900

People initiate nonmedical use of prescription opioids for the first time.

580

People use heroin for the first time.

115

People die from an opioid-related overdose.

Source: U.S. Department of Health and Human Services



Refer to a Chiropractor First!

Visit gachiro.org for
more information and
a list of GCA doctors of
chiropractic near you!